Lesson 3: Speaking to Inspire

(20-minute tutor-time lesson)

SECONDARY (Ages 12–15)

How to Use This Resource in Tutor Time

Welcome to the final *Oracy Cup* tutor session!

This lesson is about **performance, reflection, and pride** - giving pupils a chance to rehearse and share their finished ideas.

These 20-minute activities are flexible: they can be delivered in a single tutor slot or spread across two short sessions for practice and performance.
The focus is on **confidence, authenticity, and celebration** rather than competition.

Encourage pupils to support one another, give constructive feedback, and remember — *their voice can inspire others.*

Learning Objective:

To deliver a refined speech with confidence, authenticity, and impact.

Key Oracy Focus (Voice 21 Strands):

- *Physical:* Eye contact, pacing, tone, and expression
- *Social & Emotional:* Confidence, authenticity, and empathy with audience

Judging Criteria Links:

- *Confidence* – effective presentation and audience engagement
- *Teamwork* – giving and receiving constructive feedback

Activity Sequence (20 minutes)

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1. Warm-Up – "Energy Line" (3 mins)
Students imagine an "energy scale" from 1–10 and adjust tone and body language to hit level 8 —

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expressive but natural.
Ask: “How does energy affect how your message is received?”

2. Main Task – “The Final Performance” (12 mins)
Students deliver their prepared Oracy Cup speeches (1–2 minutes each).
Encourage purposeful gestures, clarity, and confident pacing.

3. Peer Feedback (3 mins)
Pairs or small groups use *The Oracy Cup* judging criteria to give feedback:

- One **strength** (e.g. confidence, clarity)
- One **growth point** (e.g. structure, expression)

4. Reflection (2 mins)
Whole group discussion: “How did feedback help you improve as a speaker?”

Resources:

- Timer or stopwatch
- Peer feedback cards (optional)

Teacher Notes

Create a positive, low-pressure atmosphere using adaptive teaching techniques. For example, allow pupils to record their speech or present in small groups. Celebrate effort and growth as much as polish. Provide flexible options for rehearsal and performance to ensure all pupils can participate meaningfully.

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